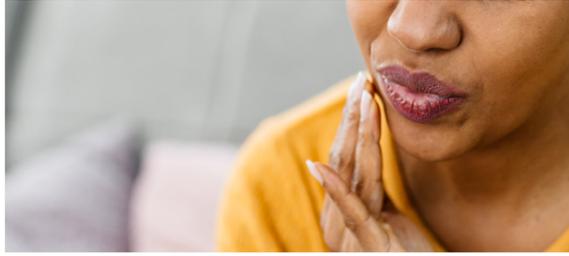


## In The Know

April 2025



### Are canker sores contagious?

Tiny but mighty, and often confused with cold sores, these irritating ulcers can make talking and eating uncomfortable. We break down what causes canker sores, whether or not they're contagious, and how you can get relief fast.

[Learn more](#)



### Hives and other rashes.

[Learn more](#)



### Measles vaccine: what parents should know

[Learn more](#)

### Join us for a complimentary virtual webinar

Getting Back Into Action: Your Guide to Hip Pain.  
Thurs, May 22, 12:00 pm – 12:45 pm ET

[Count me in!](#)

### Now open: CityMD Tribeca

87 Chambers Street – Tribeca (New York, NY)

[Learn more](#)

### Urgent care corner



[Waking up with headaches?](#)



[When to worry about a nosebleed.](#)



### CityMD and Summit Health are one care team.

Need follow-up care? Due for a check-up? Our team can connect you with a primary care physician and specialists in more than 80 areas of medicine.

[Make an appointment](#)

### Need urgent care as early as 7am or late as 11pm? Walk into a CityMD Supersite.

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