

In The Know

December 2024 Special Cold & Flu Issue



High fevers in kids: tips for parents.

It's natural to feel concerned when your child's temperature spikes. We explain common causes of high fevers in young people, how to manage them at home and when it is time to go to the doctor.

Learn more





How to choose the right pain reliever. Learn more

symptoms? Learn more

Still need a flu shot? At CityMD, we make it fast and easy to get your yearly vaccine. Walk into any location or book a visit online. Find a location



Urgent care corner

Ē. Tips to stop a runny nose

<u>COVID-19 vs. flu</u> ÷Ö: symptoms

Check out our new locations.

Bruckner Boulevard, Bronx, NY Norwalk, CT Edison, NJ





Want to stay In The Know? Follow us on social media for more health tips and info. Instagram Facebook X

<u>LinkedIn</u> <u>TikTok</u>

Need urgent care as early as 7am or late as 11pm? Walk into a CityMD Supersite.

Extended hours are available Monday to Friday at the following locations. Weekend hours will vary.

Nanuet
Paramus
Park Slope
Richmond
Riverdale
Sayville
<u>Union</u>
West 57th
West 88th
Yonkers

Resources on the go



Visit the Summit + CityMD app Find a CityMD

Locations Patient portal

🧿 💥 🕇

This email was sent to: <u>%%emailaddr%%</u> To make sure you receive our emails, please add <u>info@amail.citymd.com</u> to your address book.

Member_Busname%% | %%Member_Addr%% %%Member_City%%, %%Member_State%%, Member_PostGod%%, %%Member_Country%% yright © %%xtyear%% City Practice Group of New York. All Rights Reserved.

ight © %%ktyear/aw City Fractice Group of the mail communications. an <u>unsubscribe</u> from receiving further email communications. You may still receive email communications related to your personal health with City